

## 2023 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA/COPD

ACCOLATE (zafirlukast)  
 ADVAIR DISKUS (wixela inhub, fluticasone/salmeterol)  
 ADVAIR HFA  
 AIRDUO DIGIHALER  
 albuterol HFA  
 albuterol nebulizer solution  
 albuterol oral  
 ALVESCO  
 ANORO ELLIPTA  
 ARNUITY ELLIPTA  
 ASMANEX HFA  
 ASMANEX TWISTHALER  
 ATROVENT HFA  
 BEVESPI AEROSPHERE  
 BREO ELLIPTA  
 BREZTRI AEROSPHERE  
 BROVANA (arformoterol)  
 budesonide oral inhalation  
 COMBIVENT RESPIMAT  
 cromolyn nebulizer solution  
 DULERA  
 FASENRA  
 FLOVENT DISKUS  
 FLOVENT HFA  
 formoterol  
 Inhaler and nebulizer assistive devices

### ASTHMA/COPD (continued)

ipratropium/albuterol nebulizer solution  
 ipratropium nebulizer solution  
 LONHALA MAGNAIR  
 metaproterenol  
 montelukast  
 NUCALA  
 Peak flow meters  
 QVAR REDHALER  
 SEREVENT DISKUS  
 Spirometers  
 SPIRIVA HANDIHALER  
 SPIRIVA RESPIMAT  
 STIOLTO RESPIMAT  
 SYMBICORT  
 terbutaline oral  
 TEZSPIRE  
 THEO-24  
 theophylline  
 TRELEGY ELLIPTA  
 XOLAIR  
 XOPENEX nebulizer solution (levabuterol)  
 YUPELRI  
 zileuton ER  
 ZYFLO

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
 ATELVIA DR (risedronate DR)  
 BINOSTO  
 BONIVA oral (ibandronate)  
 DUAVEE  
 EVISTA (raloxifene)  
 FOSAMAX (alendronate)  
 FOSAMAX D  
 RECLAST (zoledronic acid)

### CAVITIES

CLINPRO  
 GEL-KAM  
 periomed  
 PREVIDENT  
 sodium fluoride rinse, gel, cream, paste, tabs and drops

### COLONOSCOPY PREPARATION\*

gavilyte-c  
 gavilyte-n  
 GOLYTELY solution (polyethylene glycol, gavilyte-g)  
 polyethylene glycol

# 2023 CDH Preventive Medications - Standard Plus

## DEPRESSION

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citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
sertraline

## DIABETES

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### INSULINS

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BASAGLAR  
HUMALOG  
HUMULIN  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
SEMGLEE  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

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SOLIQUA  
XULTOPHY

### NON-INSULINS

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ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
AMARYL (glimepiride)  
BYDUREON  
BYETTA  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
glipizide  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
glyburide  
glyburide/metformin  
GLYNASE (glyburide micronized)  
GLYXAMBI  
JANUMET

## NON-INSULINS (continued)

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JANUMET XR  
JANUVIA  
JARDIANCE  
Lancets  
metformin  
metformin ER  
miglitol  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters, insulin  
pumps)  
MOUNJARO  
nateglinide  
Needles  
OSENI  
OZEMPIC  
PRECOSE (acarbose)  
repaglinide  
repaglinide/metformin  
RIOMET (metformin solution)  
RIOMET ER suspension  
RYBELSUS  
SEGLUROMET  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

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### BLOOD THINNERS

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aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
dabigatran  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
jantoven  
warfarin  
XARELTO  
ZONTIVITY

## CHOLESTEROL LOWERING

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### HMG-COA REDUCTASE INHIBITORS\*

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atorvastatin  
FLOLIPID suspension  
fluvastatin  
LESCOL XL (fluvastatin ER)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin  
ZYPITAMAG

### OTHER CHOLESTEROL LOWERING AGENTS

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CADUET (amlodipine/atorvastatin)  
colesevelam  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LOPID (gemfibrozil)  
NIACOR  
niacin  
NIASPAN (niacin ER)  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
ROSZET  
TRILIPIX (fenofibric acid DR)  
VASCEPA (icosapent ethyl)

## HIGH BLOOD PRESSURE (HBP)

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### ACE INHIBITORS

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ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

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## ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

## ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

## ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

## BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
CORGARD (nadolol)  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate ER  
nebivolol  
pindolol  
propranolol  
propranolol ER  
TENORMIN (atenolol)  
timolol

## BETA BLOCKER/DIURETIC COMBINATIONS

metoprolol/HCTZ  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

## CALCIUM CHANNEL BLOCKERS

amlodipine  
CALAN SR (verapamil SR)  
CARDIZEM (diltiazem)  
CARDIZEM CD (cartia XT, diltiazem CD)  
CARDIZEM LA (diltiazem ER, matzim LA)  
dilt xr  
felodipine ER  
isradipine  
nicardipine  
nifedipine  
NORLIQVA  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)  
verapamil  
VERELAN (verapamil ER)  
VERELAN PM (verapamil ER PM)

## DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone  
THALITONE

## OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
trandolapril/verapamil ER  
TWYNSTA (amlodipine/telmisartan)

## MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/  
proguanil)  
primaquine

## MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg  
QULIPTA

## MISC ANTIVIRALS

APRETUDE  
DESCOVY\*  
emtricitabine/ tenofovir disoproxil  
fumarate (TDF) 200mg/300mg\*  
PREVYMIS  
SYNAGIS

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
CONTRAVE  
diethylpropion  
diethylpropion ER  
IMCIVREE  
LOMAIRA  
PLENITY  
phendimetrazine  
phendimetrazine ER  
QSYMIA  
SAXENDA  
WEGOVY  
XENICAL

## SMOKING-CESSATION\*

bupropion SR 150mg  
CHANTIX (varenicline)  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)

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## **VACCINATION\***

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Anthrax, BCG, Cholera, COVID-19,  
Diphtheria, Haemophilus Influenza  
B, Hepatitis A and B, Human  
Papillomavirus, Influenza, Japanese  
Encephalitis, Measles, Meningococcal,  
Monkeypox, Mumps, Pertussis,  
Pneumococcal, Poliovirus, Rabies,  
Rotavirus, Rubella, Shingles, Tetanus,  
Tick-borne encephalitis, Typhoid,  
Varicella, Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

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Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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